



OMS Montessori  
**August 2022**  
 Summer Camp

**Snacks**

Served with Milk or Water

Monday:

Tuesday:

Wednesday:

Thursday:

Friday:

**Morning**

Cereal with Milk

Grapes & Croissant

Raisin Bread & Cream Cheese

Muffins & Apple Sauce

Banana Bread & Melons

**Afternoon**

Apple Sauce & Fig Bar

Rice Cakes & Yogurt

Pretzels & Raisins

Raw Veggies & Ranch

Granola Bars & Yogurt

**Entrées**

Served with Fruits & Milk or Water

Monday	Tuesday	Wednesday	Thursday	Friday
Grapes	Pineapple	Bananas	Manadarins	Peaches
1-Aug	2-Aug	3-Aug	4-Aug	5-Aug
Civic Holiday School Closed	Turkey Cheddar Wrap with Creamy Coleslaw	Beef Stroganoff with Broccoli, Carrots and Cauliflower	Greek Chicken, Potatoes, Tzatziki and Rice (peppers, onions, olives and feta)	Hamburger Cheese Pizza & Asian Edamame Salad
8-Aug	9-Aug	10-Aug	11-Aug	12-Aug
Beef Bolognese Pasta with Peppers, Zucchini and Broccoli	Chicken Salad Wrap with Caprese Salad	BBQ Chicken with Fries, Peas and Corn	Beef Pot Pie with Green Beans	Chicken Cheese Pizza & Greek Tortellini Pasta Salad
15-Aug	16-Aug	17-Aug	18-Aug	19-Aug
Alfredo Pasta, Roasted Turkey, Peppers, Zucchini and Carrots	Tuna Wrap w/ Broccoli Chopped Salad	Chicken Fried Rice with Vegetable Springrolls	Beef Burrito with Mexican Baked Corn	Hamburger Cheese Pizza & Greek Vegetable Salad
22-Aug	23-Aug	24-Aug	25-Aug	26-Aug
Mac and Cheese with Chicken and Green Beans	Beef Hotdog Sauteed Peppers, Cheese on a Bun w/ Potato Salad	Kung Pao Stir-fry Chicken, Broccoli, Peppers and Zucchini wih Rice	Turkey Shepherd's Pie with Roasted Peas & Carrots	Chicken Cheese Pizza & Mexican Salad
29-Aug (Toddlers only)	30-Aug (Toddlers only)	31-Aug (Toddlers only)	1-Sep	2-Sep
Pasta Marinara w/ Turkey, Broccoli Cauliflower and Carrots	Roast Beef Cheddar Wrap with Garden Salad with Balsamic Dressing	Curry Chicken Stir- fry Vegetables with Rice	School Closed	School Closed