



OMS Montessori  
**May 2023**  
 Toddler & Casa Menu



**Snacks**

Served with Milk or Water  
 Morning

Afternoon

Monday: Cereal with Milk  
 Tuesday: Bagel with Cream Cheese  
 Wednesday: Croissant & Yogurt  
 Thursday: Muffin & Cheese  
 Friday: Scone & Melon

Corn Bread & Apple Sauce  
 Granola Bar & Grapes  
 Pretzels & Raisins  
 Raw Veggies with Dip  
 Tortilla Chips with Salsa or Guacamole

**Entrées**

Served with Fruits & Milk or Water

Monday	Tuesday	Wednesday	Thursday	Friday
Banana	Apple	Orange	Pineapple	Peach
1-May	2-May	3-May	4-May	5-May
Tofu & Spinach, Tomato Green Beans with Vermicelli Rice	Beyond Beef Bolognese Pasta with Caesar Salad	BBQ Beyond Meatballs, Mashed Sweet Potatoes and Peas	Bean Burrito with Mexican Baked Corn	Vegetarian Cheese Pizza with Greek Tortellini Salad
8-May	9-May	10-May	11-May	12-May
Lebanese Beyond Beef Chili with Bulgar and Pita Bread	Tofu Alfredo Pasta with Roasted Broccoli, Cauliflower & Carrots	Vegetarian Shawarma Wrap with Fattoush	Beyond Beef Patties with Mahed Potatoes and Peas	Vegetarian Cheese Pizza with Potato Salad
15-May	16-May	17-May	18-May	19-May
Lemon Tofu Rice with Zucchini, Peppers, Peas & Onions	Beyond Beef Bourignon Pasta with Green Beans	Mexican Bean Salad Wrap with Corn Salad	Roasted Herb Tofu, Mashed Sweet Potatoes and Root Vegetables	PD Day School is Closed
22-May	23-May	24-May	25-May	26-May
Victoria Day School is Closed	Mac and Cheese & Beyond Beef Meatballs with Broccoli & Cauliflower	Falafal Wrap with Lentil Salad	Beyond Beef Meatloaf, Potato Wedges with Peas and Corn	Vegetarian Cheese Pizza with Macaroni Salad
29-May	30-May	31-May	1-Jun	2-Jun
Beyond Beef Kebab w/ Roasted Vegetables & Bulgar	Rose Pasta with Roasted Tofu, Cauliflower, Carrots & Broccoli	Philly Cheese Vegetarian Steak Sandwich with Potato Salad	BBQ Tofu with Rice Pilaf and Green Beans	Vegetarian Cheese Pizza with Garden Salad