

October 2024



# OMS Montessori October 2024

Toddler & Casa Menu



## Snacks

Served with Milk or Water

### Morning

### Afternoon

Monday:

Tuesday:

Wednesday:

Thursday:

Friday:

Cereal with Milk	Scones & Banana Chips
Bagel with Cream Cheese	Granola Bars & Raisins
Croissant & Grapes	Cheese and Pretzels
Cornbread & Yogurt	Raw Veggies & Dip
Banana Bread & Apple Sauce	Pudding & Crackers

## Entrees

Served With Fruits & Milk or Water

Monday	Tuesday	Wednesday	Thursday	Friday
Banana	Pears	Apples	Pineapple	Mandarin
30-Sep	1-Oct	2-Oct	3-Oct	4-Oct
Pasta Rose with Chicken & Broccoli, Pepper, Zucchini	Beef Vegetables Goulash with Rice & Green Beans	Chicken Shawarma with Fattoush Veggie Salad	Beef Kebab & Mashed Potato & Corn Salad	Chicken Cheese Pizza & Greek Salad
7-Oct	8-Oct	9-Oct	10-Oct	11-Oct
Lemon Rosemary Chicken with Roasted Potatoes & Ratatouille	Turkey Meatballs w/ Pasta Alfredo & Rice & Italian Veggies	Cranberry Apple Tuna Wrap & Tomato Vegetable Soup	Beef Bolognese Pasta with Roasted Green Beans, Broccoli and Peppers	School Closed
14-Oct	15-Oct	16-Oct	17-Oct	18-Oct
School Closed	BBQ Chicken with Rice & Roasted Butternut Squash with Cranberries	Beef Gyro Wrap with Broccoli Cheddar Soup	Pasta Rose with Chicken, Cauliflower, Peppers & Zucchini	Hamburger Cheese Pizza & Potato Salad
21-Oct	22-Oct	23-Oct	24-Oct	25-Oct
Chicken Cacciatore with Paprika Roasted Potatoes & Green Beans and Tomatoes	Beef Bourgignon with Roasted Broccoli, Cauliflower &	Turkey Cheddar Wrap with Butternut Squash Soup	Beef Vegetable Goulash with Rice & Grilled Veggies	Chicken Cheese Pizza & Greek Tortellini Pasta Salad
28-Oct	29-Oct	30-Oct	31-Oct	1-Nov
Beef Cutlet with Pesto Potatoes & Mixed Veggies	Turkey Tetrazini Pasta & Sauteed Green Cabbage and Onions	Falafal Wrap & Chicken Noodle Soup	White Fish with Rice Pilaf & Corn Saute	Hamburger Cheese Pizza & Quinoa Garden Salad