

January 2025



OMS Montessori  
**January 2025**  
 Toddler & Casa Vegetarian Menu



**Snacks**

Served with Milk or Water

**Morning**

**Afternoon**

Monday:

Tuesday:

Wednesday:

Thursday:

Friday:

Cereal with Milk	Banana Bread & Yogurt
Scone & Dried Fruit	Tortilla Chips & Salsa
Granola Bar & Grapes	Cheese & Pretzels
Muffin & Yogurt	Raw Vegetables and Dip
Croissant & Apple Sauce	Pudding & Crackers

**Entrees**

Served With Fruits & Milk or Water

Monday	Tuesday	Wednesday	Thursday	Friday
Mandarin	Banana	Apple	Orange	Pineapple
1-Jan	2-Jan	3-Jan	4-Jan	5-Jan
School Closed	School Closed	School Closed	School Closed	School Closed
6-Jan	7-Jan	8-Jan	9-Jan	10-Jan
Pesto Tofu Pasta with Corn Salad	Beyond Beef Cutlet with Rice, Roasted Zucchini, Cauliflower and Peppers	Tofu Cheddar Wrap with Tomato Soup	Beyond Beef Stroganoff with Mashed Potatoes & Green Beans with Roasted Tomatoes	Vegan/Vegetarian Cheese Pizza & Potato Salad
13-Jan	14-Jan	15-Jan	16-Jan	17-Jan
Roast Beyond Beef & Gravy with Pasta & Mixed Vegetables	Butter Tofu with Rice & Curry Vegetables	Beyond Beef Gyro Wrap with Butternut Squash Soup	Hawaiian Tofu with Mashed Potatoes & Steamed Broccoli and Green Beans	Vegan/Vegetarian Cheese Pizza & Greek Tortellini Pasta Salad
20-Jan	21-Jan	22-Jan	23-Jan	24-Jan
Lemon Rosemary Tofu with Ratatouille and Rice	Beyond Beef Bolognese Pasta with Roasted Zucchini, Broccoli and Carrots	Tofu Salad Wrap with Broccoli Cheddar Soup	Baked Tofu with Roasted Potatoes & Peas and Carrots	Vegan/Vegetarian Cheese Pizza & Coleslaw
27-Jan	28-Jan	29-Jan	30-Jan	31-Jan
BBQ Beyond Beef Patties with Rice & Corn Saute	Tofu Tetrazzini Pasta with Roasted Carrots, Zucchini & Peppers	Falafal Wrap with Tofu Noodle Soup	Beyond Beef Goulash with Mashed Potatoes & Green Beans	Vegan/Vegetarian Cheese Pizza & Smoked Mozzarella