



OMS Montessori  
**JULY 2025**



Toddler & Casa Menu

**Snacks**

Served with Milk or Water

**Morning**

**Afternoon**

**Monday:**

Cereal with Milk

Bagel & Cream Cheese

**Tuesday:**

Croissant & Yogurt

Cheese & Grapes

**Wednesday:**

Scones & Apple Sauce

Tortilla Chips & Salsa

**Thursday:**

Cinnamon Swirl Bread & Cream Cheese

Raw Veggies & Dip

**Friday:**

Banana Bread & Yogurt

Boiled Eggs & Pretzels

**Entrees**

Served With Fruits & Milk or Water

Monday	Tuesday	Wednesday	Thursday	Friday
Bananas	Peaches	Melons	Apples	Watermelon
30-Jun	1-Jul	2-Jul	3-Jul	4-Jul
Soy Steamed Fish with Lemon Rice & Honey Roasted Carrots	School Closed	Roast Beef Sandwich & Quinoa Curry Salad	Garlic Rosemary Turkey Breast with Mashed Potatoes & Peas	Chicken Cheese Pizza with Greek Peasant Salad
7-Jul	8-Jul	9-Jul	10-Jul	11-Jul
Beef Pasta Rose with Steamed Broccoli & Green Beans	Baked Tomato Fish, Roasted Sweet Potatoes with Roasted Peppers, Zucchini & Carrots	Chicken Salad Sandwich with Greek Tortellini Pasta Salad	Cajun Turkey with Pineapple Rice & Parmesan Cauliflower	Hamburger Cheese Pizza with Chicken Caesar Salad
14-Jul	15-Jul	16-Jul	17-Jul	18-Jul
Soy Steamed Fish with Lemon Rice & Honey Roasted Carrots	Mac and Cheese with BBQ Chicken and Italian Vegetables	Roast Beef Sandwich & Quinoa Curry Salad	Garlic Rosemary Turkey Breast with Mashed Potatoes & Peas	Chicken Cheese Pizza with Greek Peasant Salad
21-Jul	22-Jul	23-Jul	24-Jul	25-Jul
Beef Pasta Rose with Steamed Broccoli & Green Beans	Baked Tomato Fish, Roasted Sweet Potatoes with Roasted Peppers, Zucchini & Carrots	Chicken Salad Sandwich with Greek Tortellini Pasta Salad	Cajun Turkey with Pineapple Rice & Parmesan Cauliflower	Hamburger Cheese Pizza with Chicken Caesar Salad
28-Jul	29-Jul	30-Jul	31-Jul	1-Aug
Soy Steamed Fish with Lemon Rice & Honey Roasted Carrots	Mac and Cheese with BBQ Chicken and Italian Vegetables	Roast Beef Sandwich & Quinoa Curry Salad	Garlic Rosemary Turkey Breast with Mashed Potatoes & Peas	Chicken Cheese Pizza with Greek Peasant Salad